

Badminton Ireland



2020-2024

System Goals

- Support our elite athletes to compete for medals at a European, World and Olympic level
- Provide a sustainable High-Performance training system through world class training, coaching and sport science services
- To allocate resources effectively to ensure athletes on the talent pathway are supported across all performance factors.
- Support the junior talent group athletes to compete for medals at a European, World and Olympic level and to transition to elite circuit
- Ensure strong and effective leadership and accountability measured against best practices in our sport

System Resource

- Hp committee: Support in decision making, team selection and direction of programme
- National Indoor arena 4 courts (12 courts in the hall)
- Sport Ireland institute support (Strength and conditioning, Physiotherapy, Psychology, Nutrition and lifestyle) large gym facility
- Badminton Ireland office: Meeting rooms for player meeting, video analysis and off-court planning
- Admin support for tournament entries and logistics and video analysis
- National coaching team: Team of underage volunteer coaches for each age group

Hp Support team



Hp Committee

CEO: David McGill

HP Director: Daniel Magee

HP Committee member: Michael Watt



HP Support team

Logistics: Karla Kennedy

Video: Sara O'Donoghue

S@C: Claire Brady

Physiotherapy: SJ McDonnell

National Indoor Arena

- 12 courts
- 4 matted courts
- Café
- Running Track
- Gym
- Click link to see a video of the arena



[National indoor arena](#)

National Indoor arena and Badminton Ireland office space



National Indoor arena and Badminton Ireland office space

- 12 court arena
- Meeting rooms
- Desk space
- Café

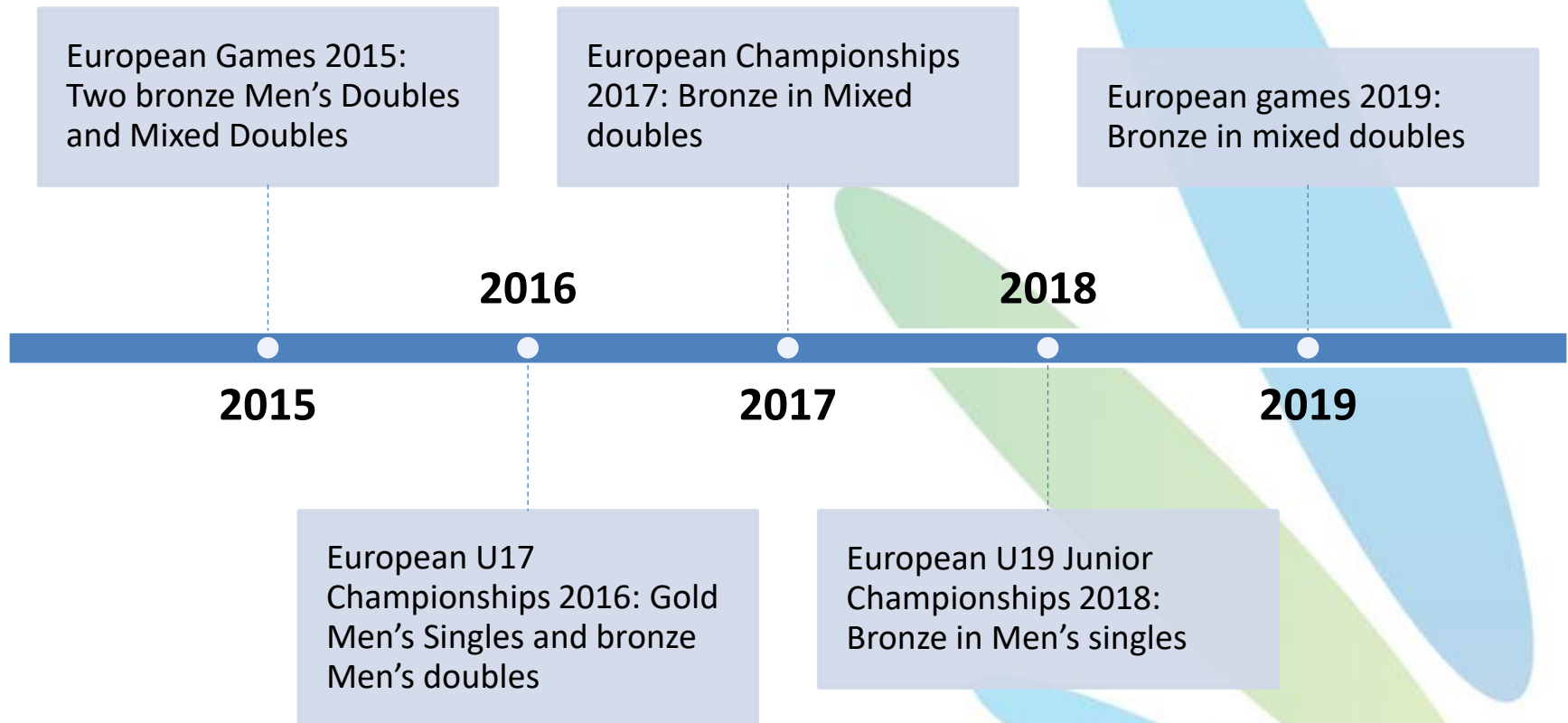


- Full training suite (Irish Institute of Sport)

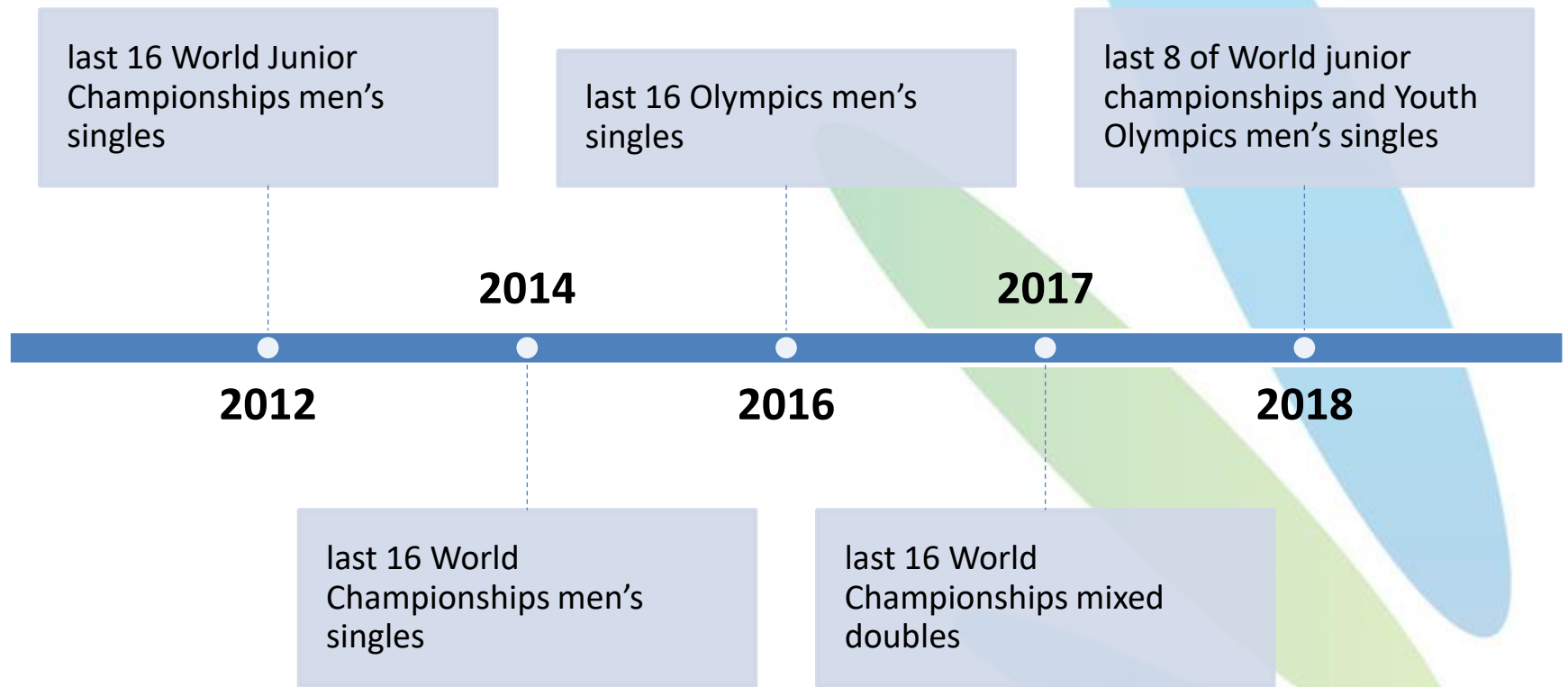
Click link to see video of the National Indoor arena

[National Indoor arena](#)

History of results at European Level



History of results at World and Olympic level



Badminton Ireland result goals

Improve on the consistent European success

- Improve on bronze medal performances (Silver/Gold) at senior level
- Target gold medal performance at junior level

Improve consistency of World/Olympic results

- Consistent last 16 performances and goal of reaching last 8 at senior level
- Consistent last 8 performance and goal of medalling at junior level

Identified Athletes



Sam and Chloe Magee

- European Games bronze 2019 & 2015
- European Championships bronze 2017

Identified Athletes



Nhat Nguyen

- European Games last 16 2019
- European Junior bronze 2018
- European U17 gold 2017

Identified Athletes



Paul Reynolds

MD (Joshua Magee)

XD (Rachael Darragh)

- Czech Open winner MD 2019
- Polish International winner MD 2017
- European U17 Championships bronze men's doubles

Identified Athletes



Matthew Cheung
(U17 2020-2021)

- Quadrangular Silver MS 2019 U15
- English Gold star winner 2018

Identified Athletes



Sophia Noble

(U19 2020-2021)

- English gold star winner U17
- European Championships U17 last 8 2019

Identified Athletes



Siofra Flynn

(U15 2020-2021)

- Glasgow Youth International winner U13
- U15 Quadrangular medallist

Supporting athletes in the system

- Tier 3 level players/Sparring athletes
- Badminton Ireland academy athletes
- National squad players



On court



Morning sessions with the elite group 2 hours



Evening session with elite group 1.5/2 hours per evening



**Evening session with Badminton Ireland academy 1.5 hours
(Focus on Talent group athletes to transition to elite group)**

Off court

Office space at the National sports campus

- Hp committee meetings
- Player programme/weekly training planning
- Meeting with support team (Sport Ireland service team, S@C, physio, phycology etc)
- Off court planning of programme
- Video analysis
- Lead national squad coaches
- Twice yearly review meetings